

EQUAL EXCHANGE

# WOMEN IN COFFEE

## A FAITH-BASED DISCUSSION GUIDE



### VIDEOS

#### "WOMEN IN COFFEE"

##### Short Documentary (13 mins):

This video shows the emerging roles of women in coffee production in Latin America and the U.S., due to changes brought about by Fair Trade.

<https://vimeo.com/165150528/c1f591129c>

#### BONUS FEATURES:

##### JOSELINDA'S feature (3 mins):

In this short video, a farmer speaks about the issue of coffee rust fungus destroying crops and how the community started an organic vegetable market to provide income diversification.

<https://vimeo.com/165150533/c17755278c>

##### DOLORES' feature (3 mins):

In this short video, a farmer talks about the joy of ownership, being autonomous, and contributing to her family's income.

<https://vimeo.com/165150539/2c905e1d1a>

#### OTHER RESOURCES:

"Support Women in Coffee," <http://equalexchange.coop/blog/support-women-in-coffee>

"San Fernando Co-op: A Women's Committee in Action," <http://equalexchange.coop/blog/san-fernando-co-op-womens-committee-action>

"Building Energy Efficient Stoves in Uganda," <http://equalexchange.coop/blog/building-energy-efficient-stoves-on-mount-elgon>

"Gender Equity Workshop in Nicaragua," <http://equalexchange.coop/blog/gender-equity-workshop-nicaragua>

YouTube Video: Esmeralda Martinez of Tierra Fertil Co-op, Nicaragua, <https://www.youtube.com/watch?v=wLaZlJKs3RM>

### DISCUSSION QUESTIONS:

Depending on the size of your group, you may want to break into small discussion groups.

- What are your general reactions to the film(s)?
- Was anything particularly surprising to you?
- Does it make you think about your coffee differently?
- Women's roles in coffee farming in Latin America have often been limited due to traditional gender roles. How is this similar or different in terms of gender roles for farmers in the U.S.?
- Do you see a connection between organic coffee and good works?
- Does your congregation share values with those expressed in the film? What are they?
- Women have traditionally held important roles in Christianity and Judaism, radically changing the course of history. How might the women featured in the film be carrying on that tradition and in what ways might you be part of that change?
- Are there women leaders in your congregation that inspire you? Why?



### WHAT YOU CAN DO NEXT:

- Show the film "Women and Coffee" or the bonus videos after services during coffee hour.
- Hold a coffee tasting for your congregation, featuring our new Women in Coffee seasonal coffee series. You could also play clips from the film and use it as a conversation starter!
- Purchase Equal Exchange coffees that promote women's equity:  
**ORGANIC SISTERS' BLEND**  
**ORGANIC PROUD MAMA**  
**CONGO COFFEE PROJECT**
- Host a film screening and discussion for another church group or organization.

LEARN MORE AT: [equalexchange.coop](http://equalexchange.coop)

